

KRISTI ESPINOZA WELLNESS



GENTLE FLOWING YOGA WAIVER

DISCLAIMER

You (sometimes referred to herein as “Client”) understand that Gentle Flowing Yoga is organized by a Healing Coach who uses this technique as part of a daily self-care routine, has experienced the benefits of this mind-body connection practice and is offering the practice to those who want to incorporate more movement and mindfulness into their life. You understand and agree with (i) I am not a certified Yoga Instructor (ii) you accept possible injury risk (iii) you release me, the Coach, from injury liability. (iv) you have chosen to participate in Gentle Flowing Yoga voluntarily (v) you fully accept responsibility for your safety during the Coach lead Gentle Flowing Yoga.

LEGAL ITEMS

This Waiver may not be modified without the prior written consent of Client and Coach. The waiver by either party of a breach, right or obligation shall not constitute a waiver of any other or subsequent breach, right or obligation. If any provision of this Waiver is found to be invalid or unenforceable for any reason, the remainder of this Waiver shall remain in full force and effect. This Waiver sets forth the entire agreement between the parties and supersedes all prior proposals, agreements and representations between the parties, whether written or oral, regarding the subject matter herein. Neither party may assign this Waiver without the prior written consent of the other party. This Waiver shall be binding upon and shall benefit the parties and their respective successors and permitted assigns. Except as provided to the contrary herein, those provisions of the Waiver that by their nature and context are intended to survive the termination of this Waiver, shall survive any termination of this Waiver. This Waiver shall be construed and interpreted in accordance with the laws of the state in which the Coach resides without reference to its conflict of law provisions, and with the same force and effect as if fully executed and performed therein. Each Party hereby consents to the exclusive personal jurisdiction of the State and Federal Courts where the Coach resides, and acknowledges that venue is proper only in such courts.

If the terms of this Waiver are acceptable, please check the box. By doing so, you acknowledge that you understand, accept and agree to abide by the terms hereof.